

HAND & FOOT TREATMENTS

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|--------------------|------|------------------|------------|
| Reshape and polish | \$30 | Deluxe manicure* | \$72 |
| Express manicure | \$50 | Deluxe pedicure* | \$79 |
| Express pedicure | \$60 | French polish | extra \$10 |
| Paraffin Treatment | \$25 | | |

SPA PACKAGES

Please ask your therapist for details on the various pamper packages available - or we can tailor a package especially for you.

BODY WRAPS & HYDRO SHOWER

These body wraps are rich in vitamins, minerals and enzymes, to rejuvenate your skin and bring you back to a healthy life.

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|---------------------------|-------|
| Green Coffee Body wrap | \$120 |
| Desert Heat Body wrap | \$120 |
| Moroccan Cocoon Body Wrap | \$120 |

EMBARRASSED BY UGLY CELLULITE?

CELLULITE REDUCTION

Were you too embarrassed to wear shorts this summer due to ugly cellulite? Discover how you can reduce unsightly cellulite quickly and painlessly and never be afraid to wear shorts again. Endermologie is a non-invasive treatment that improves all-over skin fitness while helping to improve circulation and reduce fluid retention.

Unlike red wine, cellulite does not improve with age!!!

Phone now for a FREE personal consultation, 3857 8300

DETOX BOX

Relax in our detox box, while your body is hard at work. This natural and safe Far Infrared treatment stimulates circulation, helps the body rid itself of accumulated toxins and eases aches and pains.

1 x 30 minute session \$30 10 x 30minute sessions \$260

GIFT VOUCHERS

Nirvana has the perfect his and her gifts for that special someone. Beautifully wrapped gifts and gift vouchers ideal for birthdays, Christmas, Mother's Day, Father's Day, Corporate gifts or just to say "Thank you".

BODY POLISH & SPRAY TANNING

| | |
|--|-------|
| Salt glow polish and spray tan | \$85 |
| Tan only | \$50 |
| Base tan (full body polish and 2 sprays) | \$120 |
| Aromatherapy body salt glow and hydro | \$75 |
| De-aging salt mousse scrub | \$85 |

Wake Up Your Make-Up with Glominerals

Special Occasion Make Up Application \$75

Imagine make-up with precious enriching minerals so your skin glows with natural radiance, free from petro-chemicals, is anti-allergy and anti-inflammatory, ideal for irritated or sensitive skin.

So pure it can be used to cover skin conditions like acne, rosacea and redness following surgery or peels and laser resurfacing. Gives brilliant long lasting coverage with protective anti-aging properties, needs replacing less often than regular make-up.

Phone now for a FREE Make up colour consultation

WHAT IF I AM LATE?

Arriving late will lessen your time with us. Should you need to reschedule your appointment we require 24 hours notice. No shows to an appointment will incur a 100% fee. These policies have been introduced to allow us to offer better availability of appointments for the benefit of all our clients.

Level 1, Fitness First Building
461 - 473 Lutwyche Rd (Cnr East St), Lutwyche

Ph: (07) 3857 8300

reception@nirvaspa.com.au www.nirvaspa.com.au

Undercover parking available on East Street

Trading Hours

Mon: 9 - 5 Tue: 9 - 8 Wed: 9 - 8
Thu: 9 - 9 Fri: 9 - 5 Sat: 8 - 4



NIRVANA
REJUVENATION SPA
& HAIR SALON

* Prices may be subject to change



NIRVANA

REJUVENATION SPA & HAIR SALON

... we invite you to indulge in the aromatic oasis of our spa

Experience total rejuvenation...

Forget the outside world...

Return to a sense of serenity...

See the difference...

pevonia®
BOTANICA

emergin C

ENDERMOLOGIE®

Check out our great offers at
www.nirvaspa.com.au

SPECIALISED SKIN FACIAL TREATMENTS

Plantomer lift-off mask \$125
Cool, gentle mask treatment soothes, heals & strengthens.

Anti-free radical mask \$125
Scented with mint and lavender, which gradually becomes soothingly warm then cools to a refreshing chill.

Oxy-Vital lift off mask. \$129
Rich in essential healing ingredients, soothes sunburn, laser resurfacing. Diffuses redness, leaves skin cool, fresh and hydrated.

Elasto-firming lift off mask. \$129
Rich in elastin firms the tissue, leaving the skin tighter.

Luminous"C" & "Sea" \$129
A treatment mask to reduce fine lines, strengthen skin elasticity, counteract photoaging, and restores a youthful appearance.

RadianC Facial \$139
Combining a wide variety of natural herbal extracts and antioxidants as well as tingling fruit acids & potent vitamin C.

ClearanC Facial \$139
The ClearanC facial offers potent, proven rapid and effective ways to combat problem skin and breakouts.

Myoxy-Caviar Facial \$225
Effectively counteracts the imprint of time to ensure you reveal a timeless, youthful, radiant complexion. Formulated with the finest marine and botanical ingredients.

Back Treatment - Facial for the Back \$125
Great for breakouts, pimples or problematic skin you can't reach, to make a difference. Allow us - 60 minutes.

INTENSIVE CARE FACIAL TREATMENTS

RS2 Rosacea Treatment \$125
French Rose extract, Licorice and Frankinsence this exquisite treatment is proven to reduce the problems of rosacea and microcirculatory conditions.

Decoletage for floral skin peeling or rosacea \$55

Skin Renewal Peel \$95
This lunchtime peel removes dead skin cells, improves tone and texture. Recommend a course of six treatments for optimum results.

HIGH PEFORMANCE FACIAL TREATMENTS

Microdermabrasion

A face rejuvenation treatment, that stimulates collagen and elastin regeneration. Reducing the appearance of fine lines and wrinkles, while gently exfoliating and smoothing the skin.

***Face** \$87
Face and neck \$115
Neck and décolletage \$78
Face, neck and décolletage \$145

***\$55 if added to a treatment**

NIRVANA SPECIALTY FACIAL - LIMOGES \$139

Nirvana's signature facial incorporates microdermabrasion which instigates collagen and the re-growth of new, younger looking skin. Finishing with hydrating & soothing botanic products, your skin will feel refreshed, smooth & calm. Total rejuvenation has never been so easy.

BALANCING SKIN FACIAL TREATMENTS

1 Hour

Moisture replenishing treatments incorporating pure aromatic essential oils, leaving your skin refined, calm and soft. Your Therapist will do a full skin analysis to determine the facial best suited to your skin type. \$97

Teen Care Facial

You don't have to live with "Bad Skin". We have solutions to help you have the skin you deserve. Assists with the treatment of open pores, pimples, blackheads & congestion - 45minutes \$66

LED PHOTO REJUVENATION TREATMENT Max7

Would you like to REDUCE FINE LINES?

Would you like to EVEN OUT YOUR SKIN TONE?

Would you like to REFINE LARGE PORES?

Would you like to STIMULATE COLLAGEN & ELASTIN?

Would you like SOFTER & SMOOTHER SKIN?

Would you like your SKIN TO GLOW?

Max7 being a non-invasive light therapy device for facial skin rejuvenation means you can expect smoother more hydrated skin with a natural radiance after the first treatment.

However, for best results start with 2 treatments per week.

\$110 for a single treatment, \$85 if added to a facial.

Package of 10 treatments - \$960.00

EYE CARE - YOUTHFUL EYES

***\$35 if added to facial treatment**

***Collagen Cryo** - a freeze dried marine based treatment to reinforce the delicate eye tissue leaving it firm, refined and hydrated - \$55

***Revital-Eyes eye balm mask** - Nourish and revitalise tired, puffy eyes.

Contains soothing ginkgo biloba, green tea, cucumber extract, licorice and minerals - \$55

Eyebrow tinting \$20 **Eyesh tinting** \$20
Eyesh perming \$68 **Eyesh perm & tint** \$75

***Package - eyebrow wax, eyebrow and eyelash tint - \$50**

NIRVANA HAIR SALON

Nirvana's Hair Salon use only Schwarzkopf & Makarizzo Professional Products. Used by our two hairdressers with the Superstar Touch...

Book now 3857 8300

LASER HAIR REMOVAL

The laser has greatest effect on growing hairs, designed for long term hair reduction. As not all hairs are growing at the same time, it takes a number of treatments to gain control of the area. A complimentary test patch of the area is performed on your initial visit by our fully licensed therapists, using a Diode Laser.

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|-------------|-------|-----------------------|-------|
| Test patch | FREE | Full chest & stomach | \$450 |
| Full Face | \$200 | Upperback & shoulders | \$295 |
| Chin | \$85 | Shoulders only | \$125 |
| Upper Lip | \$85 | Ladies midriff | \$85 |
| Underarms | \$90 | Bikini | \$90 |
| Half arm | \$200 | G-string | \$140 |
| Full arm | \$285 | Brazilian | \$210 |
| Upper Chest | \$275 | Full leg | \$575 |
| Full Back | \$475 | Thighs | \$295 |
| Lower back | \$275 | Lower leg | \$285 |
| Neck | \$140 | | |

Prices are per treatment. Discounts are available for upfront payments of 6 or more treatments.

WAXING SERVICES

| | | | |
|-----------|------|-------------------------|-------|
| Bikini | \$26 | ¼ leg | \$49 |
| G-string | \$36 | Full leg(inc.Brazilian) | \$117 |
| Brazilian | \$68 | Underarm | \$20 |
| Hollywood | \$80 | Eye brow | \$20 |
| Half arm | \$30 | Eyebrow reshape | \$30 |
| Full arm | \$43 | Chin | \$15 |
| Full leg | \$62 | Lip | \$15 |
| Half leg | \$40 | Lip and chin | \$25 |

Full leg (inc.Bikini/G-string) \$75-\$85

FOR MEN

| | | | |
|-------|-----------|------|-----------|
| Back | from \$50 | Legs | from \$78 |
| Chest | from \$50 | Arms | from \$50 |

MASSAGE

Hot Stone Massage

Perfect for muscle aches. The special Hawaiian movements allow the stones to release their warming and healing properties, dissolving any tension, or just as a purely indulgent treat. This treatment is PURE BLISS!

60 minutes \$110 90 minutes \$150

| | Relaxation Massage | Deep Tissue Massage |
|--------------------------|--------------------|---------------------|
| 1.5 hour massage therapy | \$120 | \$125 |
| 1 hour massage therapy | \$78 | \$85 |
| ½ hour massage therapy | \$49 | \$55 |
| ¼ hour massage therapy | \$65 | \$70 |

Our massage therapists are accredited with most private health funds & deep tissue massage can be claimed, depending on your level of cover.